

James P. Wilton, D.P.M., FAENS, FACFAS

SUMMARY

Dedicated and skilled foot and ankle surgeon with strong communication and interpersonal abilities working in the outpatient, inpatient and hospital administration settings. Over 30 years clinical experience specializing in diagnosing and treating patients with complex chronic pain conditions in the lower extremities in patients that have not responded to conventional medical care. Specialty focus area of interest in lower extremity peripheral nerve surgery in addition to foot and ankle surgery. Created and currently leads a United States team of hand and lower extremity peripheral nerve surgeons that has performed 17 volunteer surgical missions performing peripheral nerve/orthopedic surgery on Hansen patients in Ecuador, South America.

PROFESSIONAL EXPERIENCE

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| 2021-Present | Cottage Hospital-(employed Podiatric Surgeon) <ul style="list-style-type: none">• Foot/Ankle Surgery, Lower Extremity Peripheral Nerve Surgery• Quality Committee(Chair 2023-present), Credentials Committee (Chair 2022-2024)• Medical Staff President 2024/2025, Vice President 2023/2024• BOT-medical staff representative 2024/2025 |
| 2014-Present | Valley Regional Hospital,-Dartmouth Health, Claremont, NH-(employed Podiatric Surgeon) <ul style="list-style-type: none">• Foot/Ankle Surgery, Lower Extremity Peripheral Nerve Surgery• Chief of Staff (2016-2020), Chair Credentials/Multi-Specialty Peer Review/ MEC Committees (2016-2020)• BOT Valley Regional Hospital-medical staff representative 2016-2020 |
| 2010-2014 | Mercy Hospital, Portland, ME-(employed) <ul style="list-style-type: none">• New England Foot and Ankle Specialists-Mercy Orthopedic Department• Foot/Ankle Surgery, Lower Extremity Peripheral Nerve Surgery• Surgical Services/Credentials Committee member• Portland Free Clinic Medical Volunteer |
| 1985-2010 | Seacoast Foot Surgery Assoc., Portsmouth, NH <ul style="list-style-type: none">• Foot/Ankle Surgery, Lower Extremity Peripheral Nerve Surgery• Portsmouth Hospital-Credentials/Surgical Services Committees, Chief Podiatry Section• York Hospital-Chair Credentials Committee• BOT SeaCare medical services organization (2002-2011) |

EDUCATION

- New Hampshire Physician Leadership Development Program-New Hampshire Medical Society/New Hampshire Hospital Association
- Peter T. Paul College of Business and Economics-University of NH
- Montgomery Hospital, Norristown, PA
- Residency in Foot and Ankle Surgery
- Pennsylvania College of Podiatric Medicine-Philadelphia, Pa.
- Doctor of Podiatric Medicine
- Food and Drug Administration-Microbiology Intern
- Dr. Walter Hill- Chief, E. Coli Repository Lab, Washington, D.C.
- Catholic University of America-Washington, DC
- Bachelor of Science-Marine Sciences Honors Graduate

PROFESSIONAL/INTERNATIONAL MEMBERSHIPS

Fundación Padre Damien, Guayaquil, Ecuador

- BOT, Director Surgical Missions (2004-present)

Association of Extremity Nerve Surgeons-Fellow

- Director Basic (2006-present) and Advanced (2006-2014) Peripheral Nerve Surgery Courses
- BOT, Treasurer, Director Surgical Missions (2006-present)
- Vice Chair Board of Trustees-(2019-present)

American Board of Foot and Ankle Surgery-Board Certified-Foot Surgery

American College of Foot and Ankle Surgeons-Fellow

American Society of Peripheral Nerve-Member

Peripheral Nerve Society-Member

Global Nerve Foundation-Member

AWARDS

2022 “Medical Provider of the Year Award”- Cottage Hospital

2019 “St. Martin de Porres Award”- New Hampshire Guild of Healthcare Professionals, Diocese of Manchester, Manchester, NH

2011 “Jules Tinel MD Award” for “The Scientific Advancement of Knowledge Regarding Human Peripheral Nerve Disorders”- Association of Extremity Nerve Surgeons, Las Vegas, NV

2008 “Top Doctors Award New Hampshire”-New Hampshire Magazine

1984 “Carl Abramson Microbiology Award”-Pennsylvania College of Podiatric Medicine, Philadelphia, PA

1984 “William J. Stickel Gold Award for Research and Papers on Podiatric Medicine and Surgery”, American Podiatric Medical Association, Washington, DC

1980 “Tutor of the Year Award”-Organic Chemistry Department, Catholic University of America, Washington, D.C.

1980 “Phi Gamma Mu-National Social Sciences Honor Society Award,” Catholic University of America, Washington, D.C.

2025 Foot and Ankle Quarterly-Peripheral Nerve Surgery Update 2025-Editor and lead article author

2023 Foot and Ankle Quarterly-Dropfoot Deformity-Editor and lead article author

Wan EL, Rivadeneira A, Wilton J et al “Plastic Surgeons Critical to Surgical Care and Rehabilitation of Patients with Neglected Tropical Diseases, Plastic and Reconstructive Surgery Glob Open, Dec, 2023

Wilton JP, Foot and Ankle Quarterly: Evaluating and Treating Foot Drop Deformities, Vol .34, No. 2, Data Trace Publishing Company

Wan EL, Noboa J, Baltodano PA, Ericson WB, Wilton JP, Rosson GD, Dellon AL. “Nerve Decompression for Leprous Neuropathy: A Prospective Study from Ecuador.” Leprosy Review 2016

Wilton JP “Lower Extremity Neurologic Examination” (book chapter), Clinics in Podiatry-Neurology Edition, April 2016

Pomeroy GJ, Wilton JP, “Entrapment Neuropathy About the Foot and Ankle-An Update”, Journal of the American Academy of Orthopedic Surgeons, April 2015

Wilton JP, Foot and Ankle Quarterly: Peripheral Neuropathy Updates, Vol .25, No. 3, Data Trace Publishing Company

“Chronic Lower Extremity Pain: A Diagnostic Challenge”-The Clinical Forum: Current Concepts and Controversies, Podiatry Management, April/May 2010

Research with Mark Schuenke PhD University of New England Osteopathic Medical School anatomy Dept.- “Posterior Tibial Nerve Entrapment at the Proximal Tibial Soleal Sling Entrapment Site, Selected Anatomic Topics”

David K. Seiler MBA, James P. Wilton DPM, A. Lee Dellon MD, “Detection of Neuropathy due to Mycobacterium Leprae using Non-invasive Neurosensory Testing of Susceptible Nerves,” Annals of Plastic Surgery-2005 Dec 55: 633-637

Abramson C, Wilton JP: Nail dust aerosols from onychomycotic toenails, Part II. Clinical and serologic aspects. 1984 J Am Podiatr Med Assoc 1992 82: 116-123.

Abramson C, Wilton JP: Inhalation of nail dust from onychomycotic toenails, Part II. Characterization of particles. 1984 J Am Podiatr Med Assoc 1992 82: 111-115.

Abramson C, Wilton JP: Nail dust aerosols from onychomycotic toenails, Part I. Clinical and serologic aspects, J Am Podiatr Med Assoc 1985 75:631-8

Abramson C, Wilton JP: Inhalation of nail dust from onychomycotic toenails, Part 1, Characterization of particles, J Am Podiatr Med Assoc 1985 75: 563-567.

INTERNATIONAL MEDICAL MISSIONS

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| 2004-Present | Fundación Padre Damien- Guayaquil, Ecuador <ul style="list-style-type: none"> • Mission Director/Attending Surgeon-14 Surgical Missions for Upper and Lower Extremity Peripheral Nerve Surgery Treating Hansen's Patients |
| 2002-2004 | Project Perfect World Foundation <ul style="list-style-type: none"> • Attending Surgeon-3 Pediatric Clubfoot/Foot Deformity Correction Missions-Guayaquil, Ecuador |

LECTURES-REGIONAL/NATIONAL/INTERNATIONAL/PROFESSIONAL

- Peripheral Nerve, Foot/Ankle/Lower Leg Musculoskeletal Topics (200+)
- Speakers Bureau-Association of Extremity Nerve Surgeons-(2006-present), Axogen Inc. (2019-present), St Jude Medical-Spinal Cord Stimulation Division (2008-2010,) Medtronic (2007-2010)
- Reviewer-Journal of the American Podiatric Medical Association

COMMUNITY SERVICE

Ordained Permanent Deacon-Diocese of Manchester-2014, New Hampshire

- Deacon Personnel Board (2019-2024)
- Diocesan Finance Council (2021-2025)
- Diocesan Field Advocate (2023-2025)

Rotary International-Portsmouth, New Hampshire (1990-2010)